

WELCOME TO SHOOTING STARS

Hello!

We are excited to welcome you to Shooting Stars in the next couple of weeks! The schedule, classroom goals and supply list are below:

Your child will be in the **Preschool** classroom.

The teachers in the Preschool classroom = Ms. Emma & Ms. Sydney

If you have any questions about the classroom, you may contact these teachers through Brightwheel.

SHOOTING STARS PRESCHOOL ROOM TRANSITION SHEET

General Schedule

7:30 a.m. - 8:40 a.m.	Outdoor Play (weather permitting) or Indoor Activities
8:40 a.m. – 9:00 a.m.	Wash Hands/Prepare for Morning Snack
9:00 a.m. – 9:15 a.m.	Snack Time/Clean Up
9:15 a.m. – 9:25 a.m.	Bathroom Break and Hand Washing
9:25 a.m. – 9:40 a.m.	Circle Time
9:40 a.m. – 10:40: a.m.	Rug Work/Table Work/Work Book
10:40 a.m. – 11:00 a.m.	Art Projects
11:00 a.m. – 11:45 a.m.	Outdoors (weather permitting)or Indoor activities: Get your wiggles out – ex. yoga, tunnel, parachute, dancing or singing
11:45 a.m. – 12:00 p.m.	Wash Hands and Prepare Bedding for Rest Time
12:00 p.m. – 12:30 p.m.	Lunch and Bathroom Break
12:30 p.m. - 3:00 p.m.	Nap Time/Teacher Work Time and Cleaning
3:00 p.m. – 3:15 p.m.	Bathroom Break, Put Away Bedding & Prepare for Snack
3:15 p.m. – 3:30 p.m.	Snack
3:30 p.m. – 4:00 p.m.	Outdoor Activities (weather permitting) or Indoor Activities
4:00 p.m. – 4:30 p.m.	Circle Time/Story Time/Work Time
4:30 p.m. – 6:00 p.m.	Share Rug and Free Play Organized Wind-down Time Bathroom Breaks

Supplies

LABELING

- All food brought in and bottles need to be labeled with first and last name, contents, and the date.
- Bedsheets and clothing need to be labeled with first name and last initial.
- Bags need to be labeled with first and last names.

The following supplies are required:

- One pair of Montessori slippers that stay at school - labeled with name
- At least 2 sets of seasonal clothing (shirt/pants) with socks to change out soiled clothing labeled with the child's full name per State/CDC guidelines.
- Pillowcase containing a twin-sized sheet and blanket labeled with the child's full name.
- Morning and afternoon snacks provided as well as lunch. You can bring these items for your child, but they must be in disposable containers and need to have their full name, today's date and the contents.
- Toothbrush with cap covering toothbrush labeled with the child's full name.
- Optional: Sunscreen labeled with the child's full name and the date that you brought it to school. We cannot put sunscreen on your child unless you bring it.

Note: Bedding is sent home every Friday to be laundered for the upcoming week. Any sippy cups must be sent home daily to be washed and returned the next day.

Medications

No over-the-counter or prescription drugs will be administered to your child. In the event it is needed you may come to the school to administer medication to your child. We have found that the majority of prescribed medications are given before a child arrives at school and the next dose is not due until after they have arrived home from school.

Exceptions: Medications associated with asthma or an EpiPen.

*At any time that your child has a scheduled appointment with their doctor at which they will be administered an immunization(s), you are required to bring a copy of the doctor's shot record indicating the immunization(s) that were given so that we can update our records as required by the State.

Communication

All classrooms have their own Bright wheel account for parents and teachers to have open communication. All pictures will be sent through the app as well as updates on lesson plans and goals that we are working on in the Preschool room. You will also receive supply updates through the app. The best time to reach your teacher is during the scheduled nap time.

The director's email, phone number and school phone are also available.

Goals

3 Years:

1. Spell first name.
2. Trace birthday.
3. Count to 20.
4. Adding & subtracting items.
5. Recognize first & last name.
6. Sweep
7. Brush Teeth
8. Letter sounds.
9. Tracing.
10. Practice holding scissors/pencils.
11. Patterns (2 colors)
12. Life Skills
13. Clean Face

4 Years:

1. Extended Patterns
2. Comparing big and small.
3. Scissor work-cutting on the line.
4. Simple math with numbers and objects.
5. Trace their name.
6. Count/recognize 1-20
7. Recognize letters of the alphabet and the sound they make.
8. Clean up spills, wipe tables, and dust.
9. Learn to button.

4½ years – 5 years:

1. Write their name.
2. Cut shapes with scissors.
3. Color in the lines.
4. Simple math with numbers and decimals.
5. Sight words.
6. Spell 3-4 letter words.
7. Spell 3-4 letter words.
8. Learn to read.
9. Address/phone number.
10. Tie Shoes
11. Set table, fold towels and dress self independently.

The Montessori Way

Our preschool room closely follows The Montessori Method, created by Maria Montessori.

Your child will learn practical life skills, mathematics, language arts, science, geography and culture, all taught by Montessori certified teachers.

What proves to best help your child's development, is when these are also practiced in other environments, specifically practical life skills at home. Our goal is to create an independent and confident child.

Practical life examples may look like the following:

- Sweeping and mopping
- Dressing and undressing themselves
- Wiping down surfaces
- Scooping, pouring and tonguing
- Picking up after themselves
- Making their bed
- Helping prepare food
- Taking care of plant or animals

This is part of what encourages and guides them to accomplish their goals, listed above.

Ways we help guide independent minds may look like the following:

- Showing confidence in a child's capabilities and encouraging them to be proud of themselves.
- Giving a child choices or giving them freedom to make their own choices. (within reason)
 - A good middle ground could look like the parent choosing two outfits for school and then the child picking one to wear - that way the child is still making a decision, but the parent is getting the desired outcome.
- Letting a child solve problems and not intervening unless they show/ask that they need help.
- Encouraging them to ask questions and find solutions on their own.
- Walking them through step by step activities, and encouraging them to accomplish each step until the activity is finished.
- It is okay to show them how to do an activity or task first. We encourage you to let them try it on their own after that so they can practice independence and problem solving skills.

To further show you and answer any questions you may have, you may schedule a 1 hour meeting to watch, ask questions, and learn Montessori methods. We would be happy to provide you with more information!

Keep in mind that we are not asking or looking for perfection. We are simply trying to promote independence and confidence while furthering your child's education with traditional Montessori methods.