

WELCOME TO SHOOTING STARS

Hello!

We are excited to welcome you to Shooting Stars in the next couple of weeks! The schedule, classroom goals and supply list are below:

Your child will be in the **Infant 1** classroom.

The Infant teachers in Infant 1 = Ms. Victoria & Ms. Jessie

The Infant teachers in Infant 2 = Ms. Aysia & Ms. Carina

If you have any questions about the classroom, you may contact these teachers through Brightwheel.

SHOOTING STARS INFANT ROOM TRANSITION SHEET

General Schedule

The General Schedule is included on a separate page. Infants 2 weeks to 3 months old will be on a different feeding schedule until they are ready to transition to the General Schedule (feeding schedule will be discussed with the parents prior to infant's start date).

Supplies

Two Bins (containers) are assigned for each child labeled with their name. One bin is designated for bottles, cereal and food. The other bin is designated for changes of clothing. The following are supplies that will be needed by your child:

LABELING

Bottles

- All bottles brought in need to be labeled with first and last name, ounces, contents and the date. Example: Tayler, Formula, 2/2/22, 6oz
 - Please put the label on the actual bottle and not the cap.
 - ALL BOTTLES MUST HAVE CAPS - per KDHE regulations.

Food

- All food brought in needs to be labeled with first and last name, contents and the date. Example: Tayler, pears, 2/2/22
 - Please prepare all the food in advance. We only have microwaves in the classrooms to heat them up.

Clothing

- Bedsheets, sleepsacks, and clothing need to be labeled with first name and last initial.
- Bags and car seats need to be labeled with first and last names.

1. 1 Package of Diapers (Label the package with your child's name each time you bring a new pack)
2. Diaper Rash Cream, Ointment or Sunscreen (Label the tube/bottle with your child's name, date and circle the label).
3. Pacifier Policy: Pacifiers are only allowed during nap time due to State/CDC guidelines.
 - a. Pacifiers need to be labeled with the child's name.
4. At least 2 complete changes of clothing that are appropriate for the season, labeled with the child's initials. This includes shirts, pants and socks. We prefer to keep 5 outfits on hand in their bin.

5. 2 MINI Crib Sheets - pack n play sheets are best! (in the event that one becomes soiled) along with a Sleep Sack labeled with your child's name. Sleep sacks should be sleeveless and fit close to the size of an infant. NO blankets allowed in the infant room.
 - a. SWADDLES are not allowed. WEIGHTED sleep sacks are not allowed.
6. The appropriate number of bottles needed for the day (normally 3) plus 1 extra **labeled with your child's first and last name, the date you are bringing it into the school, and the contents (breast milk or formula) along with the number of ounces.** For those infants that are on formula, 3 bottles should be filled with the appropriate number of ounces of water to be mixed with formula. A 16oz unopened plastic bottle of water is to be provided should it be needed in the event the infant requires another bottle (labeled with name, date, and circle the label)
 - a. **If you are comfortable pre making formula bottles in the morning, we prefer it that way!**
7. Bring bottles, food, clothing, etc. in a bag reasonably sized because the bag will also be used to send dirty bottles, etc. home at the end of each day. NO LARGE book bags or diaper bags.
8. You may leave a car seat but may not leave any covers, toys, pacifiers or blankets in/on the seat. It must be empty.

All other supplies will be provided by Shooting Stars.

It is a requirement of the KDHE (State of Kansas) that all of the required forms for admission to the school be completed and submitted prior to the infant's start date. The Department of Health and Education does not allow a child to attend the school without having them on file.

Medications

No over-the-counter or prescription drugs will be administered to your child. In the event it is needed you may come to the school to administer medication to your child. We have found the majority of prescribed medications are given before a child arrives at school and the next dose is due after they have arrived home from school.

The exceptions are as follows: medications associated with asthma and an EpiPen.

Anytime that your child has a scheduled appointment with their doctor at which they will be administered an immunization(s), you are required to bring a copy of the doctor's shot record indicating the immunization(s) given so that we can update our records as required by the State.

Communication – Bright Wheel

All classrooms have their own Bright wheel account for parents and teachers to have open communication. All pictures will be sent through the app as well as updates on lesson plans and goals that we are working on in the infant room. Daily sheets will be recorded in the app. You will see the child's feeding times, nap times and diaper changes for the day in real time. You will also receive supply updates through the app. The best time to reach your teacher is during the scheduled nap time.

The director's email, phone number and school phone are also available.

INFANT ROOM SCHEDULE

General Daily Schedule

7:30 a.m.	<u>Infant Room Open</u> - Open Play Time/Receive Parents & Children
8:15 a.m. - 8:30 a.m.	Check/Change Diapers
8:30 a.m. – 9:00 a.m.	Bottle Feedings Outdoor Play (Weather Permitting)
9:00 a.m. – 11:00 a.m.	Naptime (Teachers Clean & Lessons/Art Preparation)
11:00 a.m. – 11:15 a.m.	Check/Change Diapers & Prepare for Circle Time
11:15 a.m. – 11:30 a.m.	Lunch time/snacks
11:30 a.m. – 12:00 p.m.	Bottle feedings
12:00 a.m. - 12:30 p.m.	Art/Circle Time & Lesson Plans
12:30 p.m. – 12:45 p.m.	Check/Change Diapers & Prepare for Afternoon Nap
1:00 p.m. – 2:45 p.m.	Afternoon Nap (Teachers Clean, Trash & Lessons/Art Preparation)
2:45 p.m. - 3:00 p.m.	Check/Change Diapers
3:00 p.m. – 3:45 p.m.	Snack Time/Bottle Feedings
3:45 p.m. – 4:30 p.m.	Outdoor Play (Weather Permitting) or Circle Time Open Play/Tummy Time/Practice Sitting/Read Books
4:30 p.m.	Check/Change Diapers
4:30 p.m. – 5:30 p.m.	Open Play/Parent Pick Up Remaining Teachers – End of Day Cleanup
5:30 p.m.	<u>Infant Room Closed</u>

EDUCATIONAL GOALS

PHYSICAL:

- Responds to sound and touch.
- Follows moving objects with eyes by 3 months.
- Sucks and grasps objects.
- Moves first by rocking, twisting, pivoting, then crawls scoots, and/or pulls up/walks.
- Puts everything in mouth.
- Learns to transfer things from one hand to the other hand.

BRAIN DEVELOPMENT:

- Develop awareness of own body.
- Develop small and large motor skills by learning to control body muscles and learning to pick up things and hold them.
- Develop awareness of own environment.

COGNITIVE/LANGUAGE:

- Learn through 5 senses and reflexes.
- Develops object permanence (knows objects exist out of sight and searches for them).
- Begins to be aware that certain behaviors bring same responses (cause and effect).
- Actively uses hands to explore environment.
- Language begins with cooing and vowel sounds.
- Will imitate sounds of others.
- Older infant distinguished sounds as words and makes consonant sounds.

BRAIN DEVELOPMENT:

- Learn that certain behaviors bring same responses (cause and effect).
- Realize that objects not seen still exist (the beginning of reason).
- Use of positive responses by adults when a new skill is performed helps infant gain confidence in ability to learn.
- Learn by interactions with caregiver and through activities going on nearby.
- Two-way communication teaches that words have meaning, and that people will respond to infant's sounds (baby-talk).

SOCIAL/EMOTIONAL

- Develops sense of trust and attachment.
- Recognizes familiar object and people.
- Expresses affection for others.
- Explores environment in presence of caregiver.
- Copies simple motions. Like clapping.

BRAIN DEVELOPMENT:

- Become socially interactive and competent.
- Develop trust, love and security.
- Develop and maintaining trusting relationship with caregiver.

SELF HELP:

- Younger infant's needs are met by caregiver.
- Older infant eats with fingers.
- Begins to hold bottle and can later grasp a cup.
- Hold arms out to be held.
- Learns to sit up, reach for things, pull up.

ENVIRONMENT:

- Eating area with a place for younger infants to be held and older infants to sit.
- Play area with materials, toys, and activities.
- Diaper changing area.
- Room should not be overheated.
- Caregivers should wash hands often (before feeding an infant, after diaper changes etc.)
- Take infants outside each day, weather permitting, to explore and play in outside space.
- Individual attention, close supervision, and responsive caregiving are critical to future development.