

SHOOTING STARS MOVERS ROOM TRANSITION SHEET

General Schedule

7:30 a.m.	Check/Change Diapers
8:00 a.m. - 8:40 a.m.	Free Play/Indoor Activities/ Share Rug
8:40 a.m. – 9:00 a.m.	Wash Hands/Prepare for Morning Snack
9:00 a.m. – 9:20 a.m.	Snack Time/Clean Up
9:20 a.m. – 9:30 a.m.	Check/Change Diapers and Hand Washing
9:30 a.m. – 10:00 a.m.	Circle Time
10:00 a.m. – 10:30 a.m.	Outdoors (weather permitting)or Indoor activities Get your wiggles out – ex. yoga, tunnel, parachute
10:30 a.m. – 11:00 a.m.	Rug Work
11:00 a.m. – 11:20 a.m.	Art Projects
11:20 a.m. – 11:30 a.m.	Wash Hands and Prepare for Lunch
11:30 a.m. – 12:00 p.m.	Lunch
12:00 p.m. – 12:30 p.m.	Prepare Mats for Nap Time Check/Change Diapers/Lunch Clean Up
12:30 p.m. -2:30 p.m.	Nap Time/Teacher Work Time and Cleaning
2:30 p.m. – 3:00 p.m.	Diaper Changes, Put Away Bedding & Prepare for Snack
3:00 p.m. – 3:30 p.m.	Snack
3:30 p.m. – 4:00 p.m.	Outdoor Activities (weather permitting) or Indoor Activities
4:00 p.m. – 4:30 p.m.	Circle Time/Story Time
4:30 p.m. – 4:50 p.m.	Share Rug and Free Play
4:50 p.m. – 5:00 p.m.	Diaper changes
5:00 p.m. – 6:00 p.m.	Organized Wind-down Time

Goals

- Ability to Count from 1 to 5
- Basic Shapes
- Primary Colors
- Communication using age appropriate sign language and simple words.
- Taking direction. Includes rug work: Retrieve, unroll and roll rug, choosing shelf work for rug and placing work back on shelf in its proper place. With teachers' demonstration and aid, they can learn & master shelf work.
- Taking turns, standing in line, and caring for books.
- Self Help: Bring chair to the table and place back in its proper place and position when directed to.
- Feed self using a spoon and drink from a cup.
- Putting jacket /hat on and off.

Supplies

The following supplies are required:

- At least 2 sets of seasonal clothing (shirt/pants – preferably no snap clothing or onesies) with socks to change out soiled clothing labeled with the child's full name per State/CDC guidelines.
- Pillowcase containing a twin-sized sheet and blanket labeled with child's full name
- 2 sippy cups: one for milk and one for water labeled with your child's full name, today's date and the contents of the cup. (ex: Tayler Kramer/today's date/milk or water or breast milk)
- Diapers: You will be notified when diapers are low
- Morning and afternoon snacks provided as well as lunch. You can bring these items for your child, but they must be in disposable containers and needs to have their full name, today's date and the contents.
- Diaper rash cream labeled with your child's full name and the date you are bringing it into the school.
- Toothbrush with cap covering toothbrush labeled with child's full name.
- Optional: Sunscreen labeled with the child's full name and the date that you brought it to school. We cannot put sunscreen on your child unless you bring it.

Note: Bedding is sent home every Friday to be laundered for the upcoming week. Any sippy cups must be sent home daily to be washed and returned the next day.

Transition Period with Move to Movers Room

- When a child moves into the Movers Room from the Infant Room, they will have typically been taking a morning nap. However, as noted above in the General Schedule, only one nap period is taken. To facilitate a smooth transition, we will continually alter your child's sleep pattern over a 2 week period. At the end of the 2 weeks you child will shift to the nap period of the General Schedule. This applies if the child is 1 year or more.
- A child under the age of 1 year may still drink from a bottle until their 1st birthday. At this time, we have a 2 week period to transition them to a sippy cup.
- A child on breast milk may drink from a sippy cup with lunch and snacks.
- Food brought from home for a specified purpose should be in solid form enabling the child to feed him/herself if they are on the table foods in association with the practice of using a spoon. Table food brought from home should be contained in a disposable container or prepackaged and labeled with the child's full name, the date the food is brought into the school, and the contents of the container. (please spell out foods)
- Pacifiers are NOT allowed due to State/CDC Guidelines.
- Shoes are required to be worn at all times within the classroom and on the playground to meet with health and safety requirements.
- Morning and Afternoon snacks are provided by the school.
- The child transitions to a blanket, sleep sacks are no longer allowed in the Movers Room.

Medications

No over-the-counter or prescription drugs will be administered to your child. In the event it is needed you may come to the school to administer medication to your child. We have found that the majority of prescribed medications are given before a child arrives at school and the next dose is not due until after they have arrived home from school.

Exceptions: Medications associated with asthma or an EpiPen.

*At any time that your child has a scheduled appointment with their doctor at which they will be administered an immunization(s), you are required to bring a copy of the doctors shot record indicating the immunization(s) that were given so that we can update our records as required by the State.

Communication – Bright wheel

All classrooms have their own Bright wheel account for parents and teachers to have open communication. All pictures will be sent through the app as well as updates on lesson plans and goals that we are working on in the movers room. You will also receive supply updates through the app. The best time to reach your teacher is during the scheduled nap time.
(We no longer do daily sheet in this room)

The director email, phone number and school phone are also available.

The transition to the Movers room can be hard for child and parent at times because the parent is no longer receiving a daily sheet from the Infant Room. You are welcome to schedule 5 minute phone calls with your child's teacher during nap time to get a better understanding of how their transition is going. These phone calls can happen 2 times a week and we ask that they stay between 5-10 minutes, so the teacher can attend to the classroom.

The director email, phone number and school phone are also available.